



LIQUID FOR LIFE

EST. 2010

URBAL BLENDS

WELLNESS

AFTER DINNER

ginger, mint, liquorice root

BRAIN BOOSTER

blueberry, mint, sage

CRAN APPLE DETOX

EQUILIBRIUM

cinnamon, liquorice root, anise

FREE FLEX

blood orange, turmeric, ginger

FRESH START*

mocha, mate, dark chocolate

GOOD SPORT*

strawberry, lemon, lime

HERBAL COLD CARE

echinacea, elderberry, lemon, ginger

INNER FIRE*

blueberry, cinnamon, oolong

KIWI STRAWBERRY ENERGY*

LEMON SPEARMINT ENERGY*

SKIN DEEP

cherry, cinnamon, coconut

SLEEP RIGHT

chamomile, lavender, valerian root

SPRING CLEANSE

marshmallow, dandelion root, tangerine

STRESS OUT

vanilla, turmeric, cinnamon

WINTER WELLNESS

peppermint, lemon, echinacea

SIGNATURE

APPLE HIBISCUS

apple, orange, hibiscus

BERRY WELL

elderberry, currants, hibiscus

LEMON MANGO

PEACHY KEEN

R and R

chamomile, linden flower

SIMPLY LEMON

TUTTI FRUITI

strawberry, raspberry, honey bush

VANILLA ROOIBOS

TEAS

SMALL \$3

LARGE \$3.5

TRADITIONAL

BLACK

Smoked Terry Lapsum

Creamy Earl Grey

English Breakfast

Darjeeling First Flush

OG Berry Black

ROOIBOS

Spicy
Blueberry
Godiva Chocolate

GREEN

Jasmine Dragon Green

Lucky Dragon Hyson

Sencha Fuji

Matcha Dusted Doughnut

WHITE

Peach Apricot
Pomegranate
Silveer Needle White

OOLONG

Sweet Watermelon

Weigh To Go

Wuyi Oolong

HERBAL

Yerba Mate
Peppermint
Chamomile

EXTRAS

DOUBLE THE POWER

Double the taste and benefits Add an extra tea bag for an additional \$1.5

STEAMED MILK TOPPER

Your choice of warm frothed milk \$.75

BEV BOOSTERS

see back of menu

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LIQUID FOR LIFE

URBAL



TEA Co.

COFFEE

SM / LG

Drip Coffee	\$3/3.5
Americano	\$3.5/4
Latte	\$4/4.5
Mocha	\$4.5/5

BACK TO BASICS

Espresso	\$3
Cortado	\$4
French Press	\$4

OTHER HOT BEVS

SM / LG

Hot Chocolate	\$3.5/4
Mexican Hot Chocolate	\$4/4.5
Steamer	\$3/4.5

COLD DRINKS

LG

Urbal Iced Tea	\$3.5
Urbal Palmer	\$4

EXTRAS

Extra Espresso Shot	\$1
Almond, Oat, Coconut Milk	\$.75
Flavor Shot	\$.75

TEA LATTES

\$5 / 5.5

Lavender
Matcha
Turmeric Chai
Spiced Honey Chai
Masala Chai
Devi Chai

BEV BOOSTERS

Mushroom	\$2.5
Ginger	\$2.5
Elderberry	\$2.5
Ginseng	\$2.5
Head to Toe	\$2.5
CBD	\$5

GRAB N GO GOODIES

Fresh Fruit	\$2
Cinnamon Roll	\$4
Bagel w/Cream Cheese	\$3
Quesadilla	\$8